

FIRST Swim Meeting: Session: 4: COACH evaluation sheet for TEAM: AST

Coachinfo: Warming up from: 13:00 untill 14:05. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Bahn Müller Michael

Coaches: Bahn Müller Jana HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 17: 200M MEDLEY MIXED 10-9					Heat:1, starttime: 14:15
Heat: 1/2 Lane : 1 Athlete: SICLITARU ALEXANDER					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 17: 200M MEDLEY MIXED 10-9					Heat:2, starttime: 14:20
Heat: 2/2 Lane : 7 Athlete: KOLICHEVA PAOLINE					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 17: 200M MEDLEY MIXED 10-9					Heat:2, starttime: 14:20
Heat: 2/2 Lane : 8 Athlete: ANTOHI LIAM					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

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Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:3, starttime: 14:33
Heat: 3/24 Lane : 3 Athlete: KOLICHEVA KATALEYA					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): 02:28.58 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:3, starttime: 14:33
Heat: 3/24 Lane : 7 Athlete: DE DONDER FLORE					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:9, starttime: 14:56
Heat: 9/24 Lane : 1 Athlete: MAES HANNE					Q-time: 02:48:15
PB (50m pool): 02:48.15 Antwerpen 13/07/2025 PB (25m pool): 02:43.69 SB: 02:52.55 Lochristi 01/02/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.10	01:22.12	02:06.25	02:48.15	
	00:38.10	00:44.02	00:44.13	00:41.90	
					

Coach feedback:

Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:16, starttime: 15:17
Heat: 16/24 Lane : 7 Athlete: MEGANCK LIO					Q-time: 02:30:35
PB (50m pool): 02:30.35 Aalst 20/12/2025 PB (25m pool): 02:39.77 SB: 02:30.35 Aalst 20/12/2025					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.78	01:13.46	01:53.92	02:30.35	
	00:34.78	00:38.68	00:40.46	00:36.43	
					

Coach feedback:

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Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:17, starttime: 15:20
Heat: 17/24 Lane : 1 Athlete: BOTERBERGH LIEKE					Q-time: 02:29:12
PB (50m pool): 02:29.12 Sportoase De Watermolen 29/03/2026 PB (25m pool): 02:26.00 SB: 02:29.12 Sportoase De Watermolen 29/03/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.40	01:13.03	01:51.85	02:29.12	
	00:34.40	00:38.63	00:38.82	00:37.27	
					

Coach feedback:

Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:22, starttime: 15:35
Heat: 22/24 Lane : 5 Athlete: VANDERBEKE HASSE					Q-time: 02:15:98
PB (50m pool): 02:15.98 Gent 08/02/2026 PB (25m pool): 02:15.24 SB: 02:15.98 Gent 08/02/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:05.01	no time	02:15.98	
	no time				
					

Coach feedback:

Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:23, starttime: 15:37
Heat: 23/24 Lane : 8 Athlete: GUISET JELLE					Q-time: 02:15:33
PB (50m pool): 02:15.33 Antwerpen 20/04/2025 PB (25m pool): 02:14.00 SB: 02:18.11 Gent 08/02/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.19	01:05.36	01:40.01	02:15.33	
	00:31.19	00:34.17	00:34.65	00:35.32	
					

Coach feedback:

Event number: 19: 100M BACKSTROKE MIXED 10-9					Heat:1, starttime: 15:43
Heat: 1/2 Lane : 4 Athlete: SICLITARU ALEXANDER					Q-time: 01:51:63
PB (50m pool): 01:51.63 Gent 08/02/2026 PB (25m pool): no time SB: 01:51.63 Gent 08/02/2026					
	5 0 M	1 0 0 M			
PB	no time	01:51.63			
	no time				
					

Coach feedback:

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Event number: 19: 100M BACKSTROKE MIXED 10-9				Heat:1, starttime: 15:43
Heat: 1/2 Lane : 5 Athlete: ANTOHI LIAM				Q-time: 99:99:99
PB (50m pool): no time		PB (25m pool): no time SB: no time		
	5 0 M	1 0 0 M		
PB	no time	no time		
	no time			
				

Coach feedback:

Event number: 19: 100M BACKSTROKE MIXED 10-9				Heat:2, starttime: 15:45
Heat: 2/2 Lane : 8 Athlete: KOLICHEVA PAOLINE				Q-time: 01:50:19
PB (50m pool): 01:50.19 Gent 08/02/2026		PB (25m pool): no time SB: 01:50.19 Gent 08/02/2026		
	5 0 M	1 0 0 M		
PB	00:52.17	01:50.19		
	00:52.17	00:58.02		
				

Coach feedback:

Event number: 20: 200M BREASTSTROKE MEN 11+				Heat:2, starttime: 15:53
Heat: 2/19 Lane : 8 Athlete: SORGELOOS VINCENT				Q-time: 99:99:99
PB (50m pool): 03:54.38 Lago Gent Rozebroeken 05/05/2024		PB (25m pool): 03:37.65 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M
PB	no time	no time	no time	03:54.38
	no time			
				

Coach feedback:

Event number: 20: 200M BREASTSTROKE MEN 11+				Heat:5, starttime: 16:07
Heat: 5/19 Lane : 6 Athlete: KEYMEULEN ALBERT				Q-time: 99:99:99
PB (50m pool): no time		PB (25m pool): no time SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M
PB	no time	no time	no time	no time
	no time			
				

Coach feedback:

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Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:5, starttime: 16:07
Heat: 5/19 Lane : 7 Athlete: CHERRETTÉ BALDER					Q-time: 99:99:99
PB (50m pool): 03:02.10 Antwerpen 21/07/2024					PB (25m pool): 02:55.20 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:02.10	
	no time				
					

Coach feedback:

Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:9, starttime: 16:26
Heat: 9/19 Lane : 6 Athlete: MARIUS MATTIS					Q-time: 03:27:11
PB (50m pool): 03:27.11 Aalst 20/12/2025					PB (25m pool): 03:27.49 SB: 03:27.11 Aalst 20/12/2025
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:46.59	01:40.16	02:34.19	03:27.11	
	00:46.59	00:53.57	00:54.03	00:52.92	
					

Coach feedback:

Event number: 21: 200M BUTTERFLY WOMEN 11+					Heat:3, starttime: 17:11
Heat: 3/4 Lane : 5 Athlete: MAES NOOR					Q-time: 99:99:99
PB (50m pool): no time					PB (25m pool): 03:05.72 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 22: 200M BUTTERFLY MEN 11+					Heat:4, starttime: 17:30
Heat: 4/6 Lane : 6 Athlete: WACHTELAER CELLE					Q-time: 02:46:03
PB (50m pool): 02:46.03 Antwerpen 08/03/2026					PB (25m pool): 02:39.25 SB: 02:46.03 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.48	01:18.12	02:07.25	02:46.03	
	00:34.48	00:43.64	00:49.13	00:38.78	
					

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Event number: 22: 200M BUTTERFLY MEN 11+				Heat:5, starttime: 17:34	
Heat: 5/6 Lane : 4 Athlete: CHERRETTÉ BALDER				Q-time: 02:29:37	
PB (50m pool): 02:29.37 Aalst 20/12/2025				PB (25m pool): 02:36.86 SB: 02:29.37 Aalst 20/12/2025	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.52	01:11.51	01:52.01	02:29.37	
	00:32.52	00:38.99	00:40.50	00:37.36	
					

Coach feedback: